

SHARE Project Evaluation Report

TOGETHER AT THE TABLE – TATT

The Aims and Intentions of TATT

TATT is a collaboration project between Niburu London and Nightingale Cancer Support to provide and facilitate a forum whereby those on their Cancer Journey undertake to Collaborate, Cook, Eat, Help, Support and have Fellowship with each other.





TOGETHER AT THE TABLE

In partnership with
The Nightingales Cancer Support Centre, Niburu London and funded by
The National Lottery Community Fund.





Niburu Together at the Table sessions create a welcoming space where those affected by cancer can come together to prepare nutritious meals, exchange stories and support, hugs and smiles.



A place of warmth and comfort to prepare meals, eat and share experiences



"It really was a lovely afternoon at Together at the table. The venue was great and I really enjoyed working together in the kitchen with everyone, it was fabulous teamwork. Thank you for the opportunity and for a very rewarding afternoon. I can highly recommend the experience to others."
~ Anne

"I really did have a great time, not only delicious food but wonderful company"
~ Giovanna

"I must say Norman, it was a very enjoyable afternoon. I do hope I can join another session soon."
~ Mina

Niburu London www.niburulondon.com

Duration of Project

The project started to take shape in April 2025 and 'sessions went live' in September 2025. It is envisaged that the last session will take place on Friday, 11th September 2025 a few days within the formal cessation of the pilot project date on Wednesday, 16th September 2025.

So far there have been fifty-four (54) sessions. There are a further four (4) scheduled in line with the dates previously mentioned above.



TOGETHER AT THE TABLE

"Thank you for a first class afternoon spent with lovely people and a big thank you to Norman for making such a success."
~ Carol







*"Hi Norman, many thanks.
Cooking together and sharing tips gave me ideas for meals also which was a bonus!
In summary, it was a very enjoyable and fulfilling afternoon. I hope others will feel encouraged to go".*
~ Alison

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Scan the QR code to visit Niburu London's Together at the Table page, sharing information and highlights!



Niburu London: www.niburulondon.com

TATT Participants

To date there have been 529 attendees.



Feedback and Documenting

After sessions feedback has been requested and subsequently provided. In general, feedback has been very favourable to TATT. The personal responses have been informative, recommendations to alter the sessions have been insightful. The overriding sentiment is gratitude that a forum such as TATT exists to provide a space for 'kindred spirits' to share their journey experiences with a freedom to 'just be'. On occasions the feedback has been a personal overwhelming experience that has strengthened the resolve that TATT is a worthwhile pursuit for the benefit of those who select to participate.

Each Session is documented in digital photographic form.

Permission is obtained by way of an image release form. Evidence of this can be obtained on request. Participants are engaging and welcoming of this and some have indeed enjoyed the reality of TATT by viewing their own selves published in selected photos on new batch of display leaflets.

Hi Norman it is a pleasure to give feedback on the Together at the table session I attended on Friday 14th November. I found it a really enjoyable experience and nice to spend time with people in the same situation and myself. The food was fun to cook and Norman had put a lot of work into the preparation by buying all the food. It was good to sit and discuss others cancer journey which you can also learn from. I would definitely attend another one. Thank you for a first class afternoon spent with lovely people and a big thank you to Norman for making such a success.

C F

Thank you for sharing your time its much appreciated. Living alone is hard when you have cancer it was great to hear other people's stories and experiences

C D

I'll be honest I think the whole idea of TATT is an awesome idea. Having a small group works wonderfully too. The 3 hours flew by. I'm not sure about any changes as I think the whole thing is great.

H B

It was a very enjoyable afternoon, I managed to do more than I first thought due to my disability, everyone was inclusive and I thought we all pulled together to create a delicious fish pie and apple crumble , thank you for organising it Norman and also thank you to the national lottery for funding the together at the table

J R

Hi Norman,

Thanks so much for allowing this to happen!
I'm so grateful! It was so lovely to be part of the small group although I didn't participate in the cooking unfortunately apologies once again! I would love to join again and be there from the start! My experience was lovely to be able to speak to others that have experienced similar situations and that would understand! The food was delicious! Thanks so much! I really look forward to attending again!

D A

Norman, TATT is so much more than food, we can truly feel the heart, care and creative passion you pour into every detail. It creates such a warm, comforting space for everyone on their journey of recovery, and it means so very much to each individually.

Thank you for your genuine dedication and for making everyone feel so valued.

(Shared message of thanks)

Partnership Acknowledgments

Enfield Baptist Church have been amazing in their attitude towards TATT. Staff have been helpful, informative and patient with sessions. From time to time understanding of sessions running over time due to participants expressing their sometimes delicate journey stories. They have also provided cover for staff which has allowed TATT sessions to be completed at the agreed times. I wish to document this amazing partnership.

Nightingale Cancer Support have been fantastic. Welcoming Niburu and partnering up to provide access to their coffee morning club members without their enthusiasm and willingness to take a chance, this project, 'in my opinion', wouldn't have been the success I believe it has become.

